

8 Easy Ways to Be Missional

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We can be missional in everyday ways without overloading our schedules.

Missional is not an event we tack onto our already busy lives. It is our life. Mission should be the way we live, not something we add onto life: “As you go, make disciples...”; “Walk wisely towards outsiders”; “Let your speech always be seasoned with salt”; “be prepared to give a defence for your hope.” We can be missional in everyday ways without overloading our schedules. Here are a few suggestions:

1. Eat with Non-Christians.

We all eat three meals a day. Why not make a habit of sharing one of those meals with a non-Christian or with a family of non-Christians? Go to lunch with a co-worker, not by yourself. Invite the neighbours over for family dinner. If it's too much work to cook a big dinner, just order pizza and put the focus on conversation. When you go out for a meal, invite others. Or take your family to family-style restaurants where you can sit at the table with strangers and strike up conversation. Cookout and invite Christians and non-Christians. Flee the Christian subculture.

2. Walk, Don't Drive.

If you live in a walkable area, make a practice of getting out and walking around your neighbourhood, apartment complex, or campus. Instead of driving to the mailbox, convenience store, or apartment office, walk to get mail, groceries, and stuff. Be deliberate in your walk. Say hello to people you don't know. Strike up conversations. Attract attention by walking the dog, taking a 6-pack (and share), bringing the kids. Make friends. Get out of your house! Take interest in your neighbours. Ask questions. Pray as you go. Save some gas, the planet, and some people.

3. Be a Regular.

Instead of hopping all over the city for gas, groceries, haircuts, eating out, and coffee, go to the same places. Get to know the staff. Go to the same places at the same times. Smile. Ask questions. Be a regular. I have friends at coffee shops all over the city. My friends at Starbucks donate a ton of left over pastries to our church 2-3 times a week. We use them for church gatherings and occasionally give to the homeless. Build relationships. Be a Regular.

4. Hobby with Non-Christians.

Pick a hobby that you can share. Get out and do something you enjoy with others. Try city league sports. Local rowing and cycling teams. Share your hobby by teaching lessons. Teach sewing lessons, piano lessons, violin, guitar, knitting, tennis lessons. Be prayerful. Be intentional. Be winsome. Have fun. Be yourself.

5. Talk to Your Co-Workers.

How hard is that? Take your breaks with intentionality. Go out with your team or task force after work. Show interest in your co-workers. Pick four and pray for them. Form mom groups in your neighbourhood and don't make them exclusively Christian. Schedule play dates with the neighbours' kids. Work on mission.

6. Volunteer with Non-Profits.

Find a non-profit in your part of the city and take a Saturday a month to serve your city. Bring your neighbours, your friends, or your small group. Spend time with your church serving your city. Once a month. You can do it!

7. Participate in City Events.

Instead of playing X-Box, watching TV, or surfing the net, participate in city events. Go to fundraisers, festivals, clean-ups, summer shows, and concerts. Participate missionally. Strike up conversation. Study the culture. Reflect on what you see and hear. Pray for the city. Love the city. Participate with the city.

8. Serve your Neighbours.

Help a neighbour by weeding, mowing, building a cabinet, fixing a car. Stop by the neighbourhood association or apartment office and ask if there is anything you can do to help improve things. Ask your local police and fire stations if there is anything you can do to help them. Get creative. Just serve!

Don't make the mistake of making “missional” another thing to add to your schedule. Instead, make your existing schedule missional.

